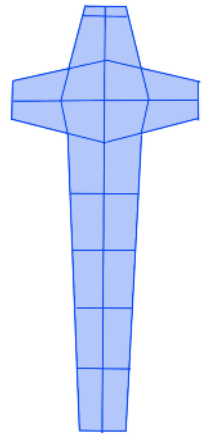


ST ANDREW'S CHURCH MAGAZINE

*The Stow, Harlow,
CM20 3AF*



Pentecost -Acts 2

Minister:

Rev Dr Frank Okai-Sam

Home: 443400

minister@standrewsharlow.org.uk

***JUNE & JULY
2025***

MINISTERIAL TEAM

Rev Dr Frank Okai-Sam

12 Harefield, Harlow, CM20 3EF

Home: 443400

Email: minister@standrewsharlow.org.uk

Rev John Buxton, M A (Cantab)

15 The Drive, Harlow, CM20 3QD

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email: minister2@standrewsharlow.org.uk

Dear Friends,

The church has appointed a Mission Enabler. She is in the person of Jordan Stringer, and she started at the beginning of April. Over the past few days, questions have been asked about Jordan's roles and how she can help with increase in membership of the church.

I wonder if I can dispel the expectation that mission is meant to increase church attendance and membership. The mission of God, which is the church's mission, is to express the love of God to the world and may benefit the church in ways that may include increase in church attendance and membership.

By the way, I have decided to give you a taste of most of the work Jordan is meant to do. Her job description includes:

- Evangelistic and discipleship activities in Harlow Town

- Organise frequent Youth sessions (at St. Andrew's Methodist Church)

- Attend church services at St. Andrew's Methodist Church (at least monthly)

- Attend and present quarterly reports at church council meetings

- Liaise with Minister

- Sending emails to members of church and community

- Comply with GDPR

The key indicative tasks for the post also include deepening contacts that the church already has:

- through strengthening ties with existing members by supporting the Minister and Pastoral Leaders,

- through leadership in building up and motivating volunteer pastoral and mission groups,

- liaison with users of the church premises, and

- reconnecting with parents of children baptised at the church.

In the next few weeks and months, the church will have a look at its mission/growth plan, and this will be an opportunity for us to look at how effective we can be as a missional church. The good news is that we have started already by looking at how hospitable we are as a church and individuals at the last Café service.

It is my prayer that we will build on the feedback that has been published in this magazine to attend to our weaknesses and strengths.

Have a blessed summer break and rest.

Yours sincerely,

Frank

Hello,

My name is Alberta Annobil née Morrison and I am one of the Stewards at St Andrews Church. I was appointed in 2021 during the covid period, however I have been attending St Andrews since 2010.

I am first and foremost a firm believer in the Word of God and a follower of Jesus Christ before a member of the church and of course the Word drives me to serve others in the best way I can. I am also blessed to be married and a mother of three children all of whom, including my husband attend St Andrews.

I love to read when I can and learn new things and I love to write. I also very much enjoy interacting with people and sharing as much as I can and I'm always intrigued to hear people's thoughts on various subjects.

I have appreciated worshipping at St Andrews because it has given me an interesting insight into the Methodist way of life and also the devotion people have within the church to keep it's doors open to all.

I am happy to serve as a steward and to be a vessel for God's work even in the smallest way. Thank you for having me as one of your stewards.

*Rev Frank has asked the Stewards to submit a profile for the Magazine.
There will be others in future Magazines.*

QUOTABLE QUOTES

Astronauts sink into insignificance beside this ascension! – Vance Havner

All my discoveries have been made in answer to prayer. – Isaac Newton

We should believe that nothing is too small to be named before God. What should we think of the patient who told his doctor he was ill, but never went into particulars? – Anon

Joy is the serious business of heaven. – C S Lewis

Give God what's right – not what's left. – Anon

Man's way leads to a hopeless end – God's way leads to an endless hope. – Aneel Aranha

To be almost saved is to be totally lost. Anon

My mind is like an internet browser these days. At least 19 tabs are open, three of them are frozen and I have no clue where the music is coming from. – Anon

No wonder that the doctrine of the Trinity is inexplicable, seeing that the nature of God is incomprehensible. Our faith must assent to what our reason cannot comprehend, otherwise we can never be Christians. – Francis Burkitt

Thousands of the ablest minds of the centuries have pondered the Trinity and no one has been able to explain it; who then invented it? What man can invent, man can explain: what man cannot explain, man cannot have invented. It must be a revelation. – G H Lang



Before our Easter Communion and Membership Service we shared breakfast together.

Our thanks to Rev Frank for all our Easter Worship and to Cecilia, Alexis and their team for a lovely cooked breakfast.

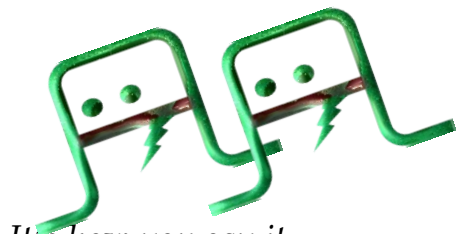


ARTHUR REVELS' PROFILE

My background was in accountancy/auditing. I am new to Methodism as when Trinity URC closed, my membership was transferred to St. Andrew's. I had been at Trinity for 20 years. I was involved in many aspects of the church, as an elder, preparing accounts and producing the church magazine. I also spent 5 years studying the whole bible from beginning to end.

I have always been single and lived with doggy companions. Sadly I have only one, a recently adopted 9 year old spaniel who tries to keep me in order. I have a house full of books and magic tricks which I sometimes use in church services as gospel magic. I'm currently busy studying the Methodist Worship and Preaching course and if I succeed it will be owing to God's will and guidance.

I believe that our churches today need to have a vision, use creative means of preaching the gospel message of salvation, focus on growth and getting the message outside the walls of the church.



It's how you say it....



With thanks to Parish Pump for this page and other contributions in the Magazine.

Time flies like an arrow; fruit flies like a banana.

A backward poet writes inverse.

In a democracy it's your vote that counts; in feudalism, it's your Count that votes.

A chicken crossing the road: poultry in motion.

Marathon runners with bad shoes suffer the agony of de feet.

The owner of a new sports car was reluctant to allow his wife drive it, even to the local shops. After she insisted, he finally relented, cautioning her as she departed, "Remember, if you have an accident, the newspaper will print your age!"



Had a slight headache this morning but felt much better after following the instructions on the aspirin bottle: 'Take two and keep away from children.'

– Water vapour gets together in a cloud. When it is big enough to be called a drop, it does.

– Mushrooms always grow in damp places, which is why they look like umbrellas.



– Momentum is something you give a person when they go away.



– The word 'trousers' is an uncommon noun because it is singular at the top and plural at the bottom.

– To keep milk from turning sour, keep it in the cow.

– When planets run around and around in circles, we say they are orbiting. When people do it, we say they are crazy.

– For asphyxiation, apply artificial respiration until the patient is dead.

– Thunder is a rich source of loudness.

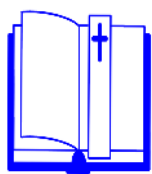
A strong Baptist family decided to buy a Christian dog. The local animal home brought out a dog to the family and the family decided to test the dog.

The father said: "Go to my car and get the Bible." Obediently, the dog trotted to the car, grabbed the Bible off the front seat and laid it at the feet of the man. "Ah," said the father, "he may know what the Bible is, but does he read it?" He instructed the dog to turn to Psalm 23.

The dog opened the Bible with his nose and pawed through the pages to Psalm 23. "Ah," said the father, "he may read the Bible, but is he baptised?" At once the dog trotted over to the nearby stream, where it jumped in, went under, and jumped out again.

"Ah," said the father, "It may be baptised, but does it pray?" The dog immediately sat down, closed its eyes and waved its front paws in the air. "Wait a minute!" exclaimed the mother, outraged, "this dog is no Baptist – he's Pentecostal!"

BIBLE READING for Pentecost - 8th June 2025



Acts 2: 1-4. NASB

When the day of Pentecost had come, they were all together in one place. And suddenly there came from heaven a noise like a violent rushing wind and it filled the whole house where they were sitting. And there appeared to them tongues as of fire distributing themselves, and they rested on each one of them.

And they were filled with the Holy Spirit and began to speak with other tongues, as the Spirit was giving them utterance.

To Members and friends of St. Andrew's Methodist Church, Harlow

Dear all,

Job Description of Mission Enabler

At the last Annual Church Meeting on Sunday 18th May 2025, it was proposed that the Minister publishes the job description of the newly appointed Mission Enabler.

The following are extracts of the terms by which Jordan Stringer was appointed:

1. Main Duties

- Evangelistic and discipleship activities in Harlow Town
- Organise frequent Youth sessions (at St. Andrew's Methodist Church)
- Attend church services at St. Andrew's Methodist Church (at least monthly)
- Church council – attend and present quarterly reports
- Liaison with Minister
- Emailing: Sending to members of church and community
- Data protection (GDPR) – comply with or set standards

Office

Address: St. Andrew's Methodist Church, The Stow, Harlow CM20 3AF U.K.

E mail: haebeamoffice@gmail.com Website: <https://www.haebea.org>

<https://www.facebook.com/HAEBEA> Charity Number 1208841

A RIDDLE submitted by Ian Malcolm

'The Smith twins, John and Jeremy were born in March and were two bonny boys. As they grew up they were the best of pals, playing happily together. As the years passed and July comes around, they celebrate their birthdays. Eventually, when they grew up, one married the other'

Can you work out how all the above statements are true? See page 13 for the answer.

EDITOR'S LETTER



A VISIT TO DERBYSHIRE

The drive from Tideswell to Chelmorton is winding and wonderful, so long as you haven't got a local-in-a-hurry following too close to your boot! We had left Harlow a few days before in unseasonably freezing weather. Winter clothes in May but as forecast, each day had become warmer and now it was hot! Susan and David welcomed us to their house on the side of a hill with picture-book views. This hill is part of a Neolithic burial mound called Chelmorton Low, "Low" being deceptive as they are most of the way up and it's almost 1500 feet above sea level at the top. A Low in Derbyshire signifies an ancient place of burial.

They don't use the front door of their home in spring as the swifts nest in their porch every year. They took us for a tour of the garden, and we could see progress in the two years since we last visited. As well as some lovely mature trees it was covered in ground elder, nettles and rough grass. Susan has extended the kitchen garden recently and has put chicken wire round some of the plants to deter the rabbits. They also have moles which like digging across the large grass area that David mows regularly. It's quite a steep walk up to the top seating area, with a large flower bed to one side and fruit bushes spread out on the other. They have also cleared an area and have 20 solar panels on the ground, which provide their electricity and they sell the rest to the grid, when the sun is shining. Because they are in a National Park Area they weren't allowed to have panels on the roof.

Their garden has one of the only three mature elm trees in the whole area, the rest succumbing to Dutch Elm disease. They have added to the fruit trees we gave them when they left Harlow and Susan has started an arboretum. They still have their two beehives and will be able to start taking honey again this year. Unfortunately they found Himalayan Balsam last year, which is a prohibited species in this country so you mustn't let it seed. Susan spent hours pulling it out and this year she has only found six plants, so far.

They have also made great strides in the house, with rooms completed now which were just shells two years ago, or with the doorway only just knocked through. David has laid a beautiful wooden floor in the dining room and has the wood blocks ready to do the prep-room and kitchen. He has recovered well from his stroke although he doesn't have as much energy.

We met them again on the Sunday at their church in Buxton and enjoyed worshipping in an Evangelical Anglican Church with a large congregation. We shared in lively singing, with Susan in the Music Group and also doing the Bible reading, and David on washing up duty after church. We were made so welcome at their home and church, and they send their best wishes to all their friends at St Andrew's.

God Bless us all as we live in His beautiful world,

Hazel Taylor

Profile: Mabel Wilson

Since 22nd August 2008, Mabel Wilson has been a devoted member of St. Andrew's Methodist Church. Over the years, she has served in various capacities, beginning with supporting the crèche and progressing to a leadership role as a Sunday School teacher. She also contributes to the church community by reading scripture during services, serving as a steward, and participating in the prayer leadership team.

Mabel is a proud and devoted mother to two wonderful sons and is supported by a loving and close-knit family. Her personal life is firmly grounded in strong moral values and deep familial bonds, which are mirrored in her active engagement within both her professional and faith communities.

Professionally, Mabel is a highly dedicated healthcare practitioner, currently serving as a Superintendent Diagnostic Radiographer at Barts Health NHS Trust. In her managerial role, she oversees operations and is trained across a wide range of imaging modalities, including CT scans, fluoroscopy, plain film, and dental radiography. Mabel began her career in education as a teacher before transitioning into radiography—an evolution that underscores her enduring commitment to service, patient care, and leadership within the healthcare sector..

Mabel's life stands as a testament to her dedication to family, faith, and community. She is widely regarded for her warmth, reliability, and the deep sense of purpose she brings to all that she does.

MISSION ENABLER

JORDAN STRINGER

SPUD & PUD LUNCH

**Saturdays - 21st June & 19th July
at 12 noon.**

Cost = £5. Please book.

**If you use FACEBOOK do look at our
page,
updated by Joanne regularly.
Just search for St Andrew's Methodist
Church on FB**

**We are part of HAEBE
(Herts and Essex Border Circuit)**

**We are also part of
Herts and Essex Border Ecumenical
Partnership**

POP-IN PRAYERS

prayers in the chapel from 11 - 11.30 am.

On the 3rd Saturday each month

21st June & 19th July

PRAYER WALK

11 - 11.50am

Saturday 19th July

ALL WELCOME

ALL WELCOME

Praying around The Stow area.

Christian Aid Week - 1978 Style

Hazel showed me the following photo which was taken from the local papers describing a sponsored fast that young people from Harlow churches undertook in May 1978 as part of the activities to raise money for Christian Aid Week.

The following is an excerpt from the newspaper: -

"Fasters bring in £100. Harlow youngsters got Christian Aid Week off to a good start on Sunday.

They raised over £100 with a sponsored fast which lasted for 10 hours.

About 30 young people were involved from the youth groups of St Andrew's, St Mary at Latton and St James Churches. Parents of some of the fasters were also sponsored by the hour.

Most of the day's activity centred around a workman's hut set up in The Stow where the youngsters got on with revising while maintaining their fast.

Despite the temptation of fish and chips, and other food offered from passers-by, nearly everyone lasted the full 10 hours and tucked in to hot soup and bread in St Andrew's at the end of the fast."

To put this into context, £100 was no small feat; this sum in 1978 is worth a staggering £1072 in today's money!

Hazel asked various people, including her daughter Jenny, who is in the photo, and here's what they came up with.

Sitting in front row right to left: Jason Longville, Sally Torkildsen, Dewi Hanks, behind him is Megan Hanks. We don't know the next 4 to the left or the 2 behind big notice. Jenny Taylor with glasses and Julia Longville with hand on her shoulder. The 2 boys standing, playing are Jeremy and Jonathan Broxholme, probably Jeremy at front. They are not sure of the rest.

Can anyone from the church help to identify some more faces?

Andrew Wong



All updates on church information are on our

CHURCH WEBSITE www.standrewsharlow.org.uk

What you see may be an old version, press the F5 key to refresh.

Farewell from Barbara Daniels

Dear friends,

I am writing to share the news that I will be stepping down from my role as Circuit Safeguarding Officer for HAEBBC and Chelmsford. I have accepted a new position as Community Safety Officer for the City of London Corporation.

Reflecting on my time here, I can honestly say that I have thoroughly enjoyed my role and working in the church environment at HAEBBC and St Andrews. The support and fellowship I have experienced here have been truly uplifting, and I am grateful for the wonderful memories and connections I have made.

As I embark on this new chapter, I carry with me the lessons and experiences from my time with you all. I am excited about the opportunities ahead and confident that I will continue to make a positive difference in my new position.

In the spirit of change and new beginnings, I am reminded of the poignant words from Ecclesiastes 3:1: "To everything there is a season, and a time to every purpose under the heaven."

Thank you for your support and friendship. I wish you all the best in Christ.

Warm regards,

Barbara Daniels

Note: Esther Burton has been appointed the new circuit safeguarding officer.

WE REMEMBER THOSE WHO HAVE DIED

Lily Ford who died on 25th July 2019

Mary Guy who died on 25th June 2021

Joyce Fisher who died on 12th July 2021

Roger Schooley who died on 14th July 2022

Keith Brown who died in June 2024.

Our thoughts are with their families at this time.

DEADLINE FOR NEXT MAGAZINE -

***Paper copy by Sunday 13th July, email copy by
Wednesday 16th July, to magazine@standrewsharlow.org.uk***

Random Thoughts on Diversity – Cultural, Ethnic or Otherwise (part 1)

21st May every year is designated by United Nations as 'World Day of Cultural Diversity'. To mark this occasion, a celebratory service was held at St. Andrew's on 18th. It was heart-warming to see all the ladies dressed up in their colourful national costumes for the event. It also prompted me to ask myself what, if anything, I have done through my working life in promoting, or at least adhering to the principles of, diversity.

For the 30 odd years that I have worked in this country, I was fortunate enough to be at the premier facility at Old London Road, Harlow, the research centre which had been involved in the invention or development of a great many of the technologies in use in the world today. Within my little group, apart from scientists and engineers from the four home nations, over the years, I had welcomed Indians, Pakistanis and an Afrikaner. In the wider company, there were scientists from all over Europe: Germany, Poland, Greece, Czechoslovakia, Norway, Ukraine and, from further afield, China, Singapore and New Zealand. Thus, there was an atmosphere of a happy family comprising of varying cultures and talents, all contributing in their special ways with their different styles of operation. But notably, there were no one of African or Afro-Caribbean heritage. Every year, there were literally thousands of application forms flooding in from university graduates seeking employment in the electronics sector, but, again, applicants from Africa or the Caribbean were notably absent.

I asked myself why this was so. The company was not discriminatory, embracing ethnic diversity to the full. Eventually, I came to the conclusion that preconceived ideas, expectations and stereotyping by parents and schoolteachers must have played a major role in creating this anomaly. This theory is amply illustrated by the following story which I heard on BBC World Service.

The radio programme I am referring to is called "Life Scientific", where each episode features a prominent scientist who relates their life's evolution from childhood to becoming a leading professional who could play a significant part in contributing to their country and the wider world in their chosen field. One such episode featured a black mathematician in the UK who was fascinated by mathematics at a young age, and after graduation, worked at a large pharmaceutical company to compile statistical data in the quality control of drug manufacture, using models created by other mathematicians. The job was mundane and not very inspiring, and at one annual review, he was encouraged by the company to make progress by doing a PhD in mathematics. So he went for an interview at the university of his choice, but afterwards, the admission tutor told him that he did not have the qualities to become a top mathematician, and his application was turned down. He went home feeling totally dejected and just wanted to put his head down and returned to his mundane job for the rest of his life.

Then the presenter asked him what made him change his mind, pick up the pieces and try again. He said it was entirely due to one incident at his four-year old son's school when the boy was asked by the teacher what he wanted to be when he grew up. His son replied, "I want to be a mathematician", to which the teacher said, "I don't think so, but you could be a footballer or singer". When his son told him what happened at school, he made up his mind to become a top mathematician and that he was doing this for his son. To cut a long story short, after many years of struggling, he did succeed and became the Principal Mathematical Modeller for a major multinational engineering company, and is currently also serving as the President of the Institute of Mathematics and its Applications. Famously he is one of just a handful of esteemed mathematicians, and the first black mathematician, to be featured in 'Who's Who', Britain's book of prominent people. What an inspiring yet rather disturbing story, I would say.

So, this is my plea to all parents and teachers, especially those who have responsibilities for giving advice to young people on their future careers: Please do not let your own preconceptions and stereotyping prejudice influence the guidance you give. The youngsters deserve to have the freedom to explore every opportunity without hindrance, to develop their talents to the full, thus enabling them to make the best possible contribution to society in their chosen way.

Standby for more stories on diversity next time.

Andrew Wong

Report on results from the Café Worship – 18th May by Jordan Stringer

Firstly, I want to say thank you to those who were able to come to the café worship on Sunday 18th May when we looked at the First Impressions Count and Welcome. I have gathered feedback from our attendees regarding their experiences within our church environment, the hospitality audit and action sheet. I would like to share a summary of the key points that were highlighted.

Post It Note Reflections

This document reflects participants' experiences and feedback regarding a church environment, highlighting positive aspects as well as areas for improvement.

Positive Welcoming Atmosphere

Many attendees felt welcomed and appreciated the friendly and kind nature of the congregation. They noted the warm greetings at the door and the availability of tea and coffee after services, contributing to a sense of belonging.

Concerns About Accessibility

Feedback indicated issues with accessibility for individuals with visual impairments, such as the lack of braille hymn books and poor sound quality. Additionally, some participants expressed feelings of being ignored or not welcomed adequately, suggesting a need for more inclusive practices.

Hospitality Audits

As part of the service, members of the congregation also completed a hospitality audit consisting of 15 questions. They were required to score each question by choosing from the following options: 3 – Excellent, 2 – Some room for improvement, and 1 – Oh Dear/Don't know.

Upon reviewing the results, it was interesting to observe the congregation's views on the hospitality at St Andrews. One notable positive is that approximately 95% of respondents indicated that there are individuals stationed at the main entrance to greet those arriving at the church. However, 56% of respondents suggested that there is room for improvement in how members of the congregation see themselves as hosts and their readiness to welcome newcomers.

This feedback indicates that, to enhance the welcome experience for new attendees, we must focus on improving the interactions among ourselves. Additionally, over 70% of respondents felt uncertain about whether the leadership team has feedback from visitors and those who have become regular churchgoers. This highlights an area that requires attention to ensure we are continuously improving our hospitality practices.

Action Sheets

There is much to discuss from the Action Sheets, especially since both questions have multiple parts.

Part 1

First, we need to address our weak points and improve them. A recurring issue is that Stewards on duty are not easily identifiable. I proposed to Reverend Frank that we introduce name lanyards for all Stewards, including those at the doors. This will help new attendees recognize team members and feel welcomed. Another point raised was about providing direction. Newcomers might find it helpful if Stewards or door attendants guide them to seats, reducing their

Continued on page 12

anxiety. Clear instructions during services, like when to stand or sit, would also be beneficial. Lastly, regarding feedback forms, I believe informal conversations with myself, or other leadership members could be more effective than constant surveys or tick boxes. This approach would help us improve the welcome experience and ensure no one feels ignored.

Part 2

The second part of the action sheet addresses the experiences people have when visiting an unfamiliar place and what can be learned from these experiences. It also identifies key factors to consider and suggests individuals who you can discuss these observations with.

Thoughts, experiences, and observations should be shared by speaking with the minister in charge and communicating with the church stewards. These issues can then be brought up during stewards or church council meetings.

As briefly mentioned in Part 1, anxiety about visiting an unfamiliar place can offer insights into how individuals might feel apprehensive or uneasy about attending a service because they are unfamiliar with the building, attendees, procedures, and protocols. It is important to consider how to support those who may feel anxious when they first visit St Andrews to help them feel welcomed.

Another lesson from people's experiences of being in an unfamiliar place is the importance of not assuming that visitors know what to do upon arrival, as they may feel lost. Providing a warm welcome can help someone who initially feels lost, uncomfortable, or scared to feel like they belong.

How are we going to improve our welcome?

To enhance our welcome, it is essential that we engage with individuals within the congregation who we may not know as well. By making efforts to understand them and their cultures we can foster a more inclusive environment. Although I recognise that it may be challenging to get to know everyone due to the size of our congregation, focusing on building relationships with a small group of people from the congregation can reduce feelings of being ignored or invisible.

A proposal from the action sheet suggests organizing a service where everyone wears 'name badges and participates in a Café-style worship'. This setting would facilitate interactions, allowing members to ask questions, learn about each other, and share personal testimonies. Additionally, the action sheet highlighted the idea of integrating different congregations. While the exact method for achieving this remains uncertain, one possibility could be hosting an international meal.

Conclusion

To conclude, improving our welcome at St Andrews involves several key actions. Firstly, we should try to sit with and get to know members of the congregation we may not be familiar with, including learning about their cultures. While it may be challenging to know everyone due to the size of our congregation, focusing on small groups can help alleviate feelings of being ignored or invisible.

If you have any thoughts or ideas on how we can further improve our welcome please let me know or email me at jordan.standrews@outlook.com or get in touch with me 0743249637.

THE ANSWER TO THE RIDDLE ON PAGE 5

In the middle of East Anglia, north west of Cambridge, there is a town called March. The first part of the riddle is solved because the boys were born in that town.

The second part is answered by the statement that when they grew up one trained to be a parson. So he officiated at the wedding of his twin brother.

A STEWARD'S PROFILE

My given name is MAAME ABA Adelaide OSEI, most people know me as Adelaide. I was baptised and confirmed in Calvary Methodist Church in Accra, Ghana. When I got married in August 2001 to my husband, I started going to his church, St Mary Magdalene Church, an Anglican church near Potter Street, Harlow. I became a visiting member at St Andrews since 2010, and eventually became a member in 2021, and then I expressed an interest in becoming a steward in 2022. I have been a steward since October 2022. I am a registered nurse by profession for over 20 years. I have 2 grown up children and 1 younger daughter. I love to serve and worship the Lord and I love to help others in any way possible.

A PRAYER FOR PENTECOST

Lord of our lives, Holy Spirit, we give thanks that so long ago you showed your love by coming to your early disciples in a new and special way. We pray that you will live in our hearts and minds and guide us into all truth. Also that you will enable us to be bold in speaking about your saving love in what we say and in how we live and interact with others.



**P
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In our Saviour's name we pray, Amen.

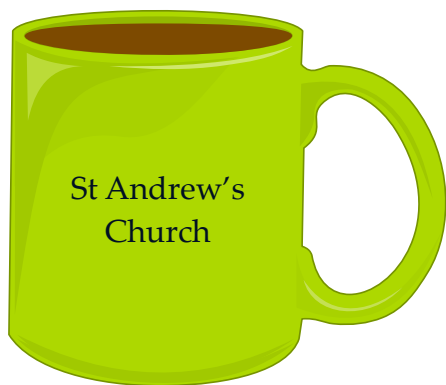
Harlow Foodbank

I am sorry that I missed the deadline for reporting donations from St Andrews Methodist Church in the booklet for the Annual Church Meeting in May.

In the year ending 31 December 2024 we sent £700.86 in cash donations for the work of providing emergency bags of food to individuals and families who have fallen on hard times and are in desperate need. Thank you for these contributions and also for the tins and packets of food that are deposited in the basket provided in the church foyer. Please remember that food donations should only be items requested by Foodbank and must not be fresh food or short-dated items. Foodbank has no cold storage facilities at their warehouse and they are not able to use items that are out-of-date or where the seal has been broken.

Our thanks go to Alison and Kevin Brand who arrange the transporting of food donations, to Andrew Wong for examining the cash accounts and to Hazel Taylor who is willing to pass on your donations to me. We need more regular donors because, although £700 is a very large amount to give to Foodbank, the need is great and the work must continue. We have recently lost several generous donors who have helped to boost our annual giving to more than £1000 in most years, so we need other new donors to give regularly, if you can, or whenever you are able.

John Hutchings



SUNDAY COFFEE

Sunday Coffee - Alison Brand

If you can't help serve, could you donate a packet of biscuits occasionally please?

PLEASE NOTE:

We still need help on the 1st and 5th Sundays each month.

week 1

Gay Brown & **helper needed**

week 2

Margaret T. & Maureen Etchells

week 3

Hazel Taylor & Jayne Graham-Mensah

week 4

Alison Brand & Louise

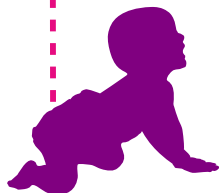
week 5

Margery Collier & **helper needed**

STARS

Each Tuesday in term time @ 10am

Contact: Alison Brand



First Tuesday Gay Brown

Second Tuesday *CAN YOU HELP?*

Third Tuesday Gay Brown

Fourth Tuesday *CAN YOU HELP?*

HELPER

**THANKS TO EVERYONE
WHO DONATES FOR
CHURCH FLOWERS**

JUNE

1st Maureen Etchells

15th Kirsty & Alexis Mojzes

29th Amelia Castle



JULY

6th Margaret Torkildsen

20th Isabella Castle

**Flowers: contact Margaret Mountsteven
or Hazel**

Please let one of the above have the money and any colour preferences
two weeks before your flower date.

JUNE DIARY

**Our Sunday service
is also on ZOOM**

**SUNDAY YOUTH CHURCH
10.30am, in term time.**

BIBLE STUDIES

MONDAY - Eat your lunch as you share in a Bible discussion.

IN THE CHAPEL, led by Rev Frank.

TUESDAY - 7.30pm - Led by Fred Arthur, IN THE CHAPEL - studying Isaiah

THURSDAY - 12 NOON - ON ZOOM - led by Arthur Revels - studying Colossians.

THURSDAY - 7.30pm - Led by Fred Arthur. ON ZOOM, studying 1 & 2 Timothy.

SUNDAY	1 st 10.30am	Morning Worship and Holy Communion Rev Dr Frank Okai-Sam
Monday	2 nd 7.30pm	ZOOM Church Leadership Team Meeting
SUNDAY	8 th 10.30am	Morning Worship for PENTECOST - Rev Stuart Veitch
Thursday	12 th 12.30pm	<i>Friendship Group at the home of Margaret T in East Park</i>
Saturday	14 th 2.00pm	Pastoral Carers' Meeting
SUNDAY	15 th 10.30am	Morning Worship on Trinity Sunday - Rev Dr Frank Okai-Sam
Saturday	21 st 11.00am	Pop-in Prayers
	12noon	Spud & Pud £5 - <i>please book</i>
SUNDAY	22 nd 10.30am	Morning Worship - Rev John Buxton
Monday	23 rd 7.30pm	ZOOM Church Leadership Team Meeting
SUNDAY	29 th 10.30am	Morning Worship - Prayer and praise
	12.15pm	St Andrew's Ghanaian Methodist Fellowship

*Please remember the Pastoral Carers of your church in prayer.
They meet this month on 14th.*

YOUTH CHURCH
Sunday 10.30am
In term time

JULY
DIARY

Our Sunday Service is also on Zoom

BIBLE STUDIES

MONDAY - 12 NOON Eat your lunch as you share in a Bible discussion.

IN THE CHAPEL, led by Rev Frank

TUESDAY - 7.30pm - led by Fred Arthur, IN THE CHAPEL. Studying Isaiah.

THURSDAY - 12 NOON - ON ZOOM - led by Arthur Revels, 1 and 2 Thessalonians.

THURSDAY - 7.30pm - led by Fred Arthur. ON ZOOM, studying 1 & 2 Timothy.

Thursday 3rd 12.30pm *Friendship Group at the home of Hazel in Ladysshot*

SUNDAY 6th 10.30am Morning Worship & Holy Communion - Rev Dr Frank Okai-Sam

12 noon Youth Church Pizza Meal

12.30pm CHURCH COUNCIL MEETING - bring your own lunch,
starting at 12 noon.

SUNDAY 13th 10.30am Morning Worship - Mr Fred Arthur

Saturday 19th 11.00am Prayer Walk led by Rev Frank - all welcome

11.00am Pop in Prayer

12 noon Spud & Pud - *please book*

SUNDAY 20th 10.30am Café Worship - Rev Dr Frank Okai-Sam

Monday 21st 7.30pm Church Leadership Team on ZOOM

Saturday 26th 12 noon CHURCH BBQ - watch out for further information
everyone welcome

SUNDAY 27th 10.30am Morning Worship - Rev John Buxton

12.15pm St Andrew's Ghanaian Methodist Fellowship

FUTURE DATES FOR YOUR DIARY

CHURCH Leadership Team

Monday 11th August = Get Together @ 7.30pm.

Harvest Weekend - 27 & 28th September