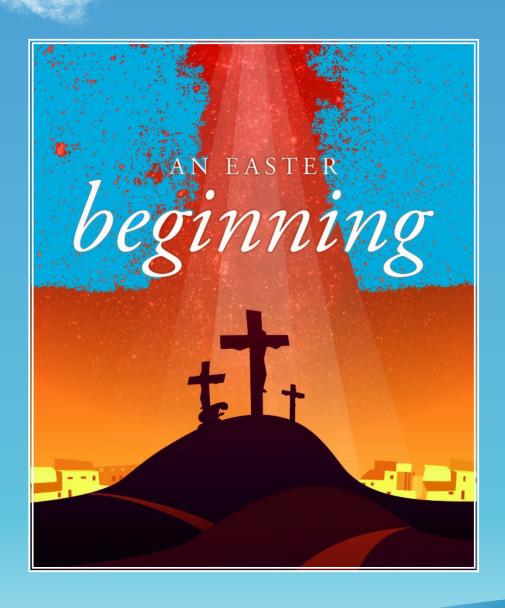
STANDREW'S CHURCH MAGAZINE

The Stow, Harlow, CM20 3AF





Minister:

Rev Dr Frank Okai-Sam

Home: 443400

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APRIL & MAY

MINISTERIAL TEAM

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Dear Friends,

The Easter season is here again. Interestingly, one of the popular products on shop shelves at Easter is the 'Easter Egg'. The egg represents new life. I have therefore decided to consider the concept of the egg in relation to new life in God at Easter.

Just a little bit of science may help. The natural egg has four basic parts – the shell, air cell, albumen and yolk. The Shell supports the structure of the egg and is the first line of defence against bacteria. The air cell, the space between the eggshell and the egg white, provides the chick with *air* when it is ready to start breathing on its own and hatch from the *egg*. The albumen (egg white) has four alternating thick and thin layers. These layers are made up of fluids and gels that are used to support and centre the yolk. It also contains nutrients. The yolk produces the embryo, and it is a food source for the embryo.

I wonder how we experience and express God's protection, support, and nourishment as a people who have new life from the resurrection of Jesus at Easter.

The bible indicates God's protection for those who love God, know God, and trust in him. We know that Christians are not immune to accident and death so, how do you understand God's protection?

God comes to live in you by his spirit when you believe in him. God also supports you by giving you gifts and talents. I wonder whether you know your gifts and talents and whether you are using them to help humankind. I also wonder how you support others to appropriate their gifts and talents to help their families and society at large.

As a Christian, I believe that God nourishes his people as they study, fellowship, break bread and pray together (Acts 4: 32 - 37). Secondly, personal study of the scriptures and prayer help individuals grow. I wonder if I can remind you that each person needs to grow physically, spiritually and emotionally. So, whatever your faith or beliefs are, I wonder how you nourish your soul and how often you do it?

The newly hatched chick needs air to survive. Easter brings new life, so we need God's Spirit to fill us and give us spiritual air to live afresh. Breathing also involves exhaling. In Christian circles, exhaling involves confession of sins to God and to one another. I wonder how you deal with sin in your life? Is it a matter of, "I don't care" or that of guilt? If it's the 'I don't care' attitude, I wonder how you get along with people and your own conscience. If it is guilt, I wonder how you deal with it — sulk, hate yourself, or confess and move on. What about those who have 'wronged' you? Are you prepared to forgive them or are you the type who never forgive? Just to remind you that, 'to forgive is divine'. I also wonder if I can remind you that there are many individuals and agencies that can help you deal with guilt, unforgiveness, and / or resentment.

I am always reminded that the egg can only produce a chick through fertilisation. Hence, it is only through intimacy (being close) with God that will yield a new you! Moreover, engaging with other people through the love of God will bring new life to you and others.

Continued on next page

It is my prayer that this Easter, you will experience God's protection, support and nourishment through the new life Jesus brings from his resurrection. You can then nourish others by putting a smile on their faces in the community.

Have a blessed Easter season. Yours sincerely,



Frank











QUOTABLE QUOTES

It's hard to remember that Jesus did not come to make us safe, but rather to make us disciples, citizens of God's new age, a kingdom of surprise. – S Hauerwas

Effective prayer is a quartet – the Father, the Son, the Spirit, and the Christian. – J Blanchard

Between the humble and contrite heart and the majesty of heaven there are no barriers. The only password is prayer. – H Ballou

The Bible is a letter God has sent to us; prayer is a letter we send to Him. – Matthew Henry

The pulse of prayer is praise. The heart of prayer is gratitude. The voice of prayer is obedience. The arm of prayer is service. – William A Ward

Someone has tabulated that we have put 35 million laws on the books, trying to enforce the Ten Commandments. – Bert Masterson, in the Wall Street Journal.

Many people will walk in and out of your life. But only true friends will leave footprints in your heart. – Eleanor Roosevelt

Parents who are afraid to put their foot down usually have children who tread on their toes. – Chinese Proverb

The empty tomb of Christ has been the cradle of the church. – WR Nicoll

The Christian Church has the resurrection written all over it. – E G Robinson

Christianity is the revelation of God, not the research of man. – JA Stewart

All the armies that ever marched, and all the navies that ever were built, and all the parliaments that ever sat, and all the kings that ever reigned, put together, have not affected the life of mankind on this earth as powerfully as has that one solitary life. – James A Francis

CHRISTIAN AID WEEK 2025

Christian Aid Week 2025 will be held on **11**th-**17**th **May**. St. Andrew's Church is continuing our tradition of supporting the event with the following activities:

Envelope collection: individuals can make donations through the Christian Aid envelopes which will be available and can be handed in with the Church offertory from 4th to 25th May

Donation online: please use the following link to make donations online https://www.christianaid.org.uk/appeals/key-appeals/christian-aid-week

Christian Aid Lunch: will take place on Sunday 11th May, starting at 12.00pm. Charge of £5 to cover the cost. Please take this opportunity to sit down with friends to enjoy a lunch and catch up on Church matters

Christian Aid information display will be in the Church foyer in May, please watch out for them

Church's supporting prayers

In 2024, St. Andrew's collection for Christian Aid Week was £831.58, plus Gift Aid tax rebate of £175.00. We thank everyone for their kind support and enthusiastic contributions. We hope to maintain a similar level of collection this year and rely on your generosity and support.

Worship with Christian Aid: Christian Aid Week is the perfect time for our church to come together in celebration and reflection. Pray during this Christian Aid Week that people at the brink of poverty can find the strength and opportunity to push back harder and fulfil their hopes and ambitions.

Your support makes a difference: With your support, more families can build reliable and diverse incomes that bring them food security, better health, safer homes, increased resilience and hope.

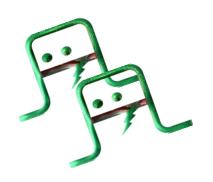
Please Give, Act and Pray for this Christian Aid Week

Christian Aid Week Organisers

Kay Wong & Susan McKenzie, March 2025



Amelia, with daughter Yakelin, 4, surveying the tragedy of their dying banana trees during an intense heatwave.







Based on my calculations, I can afford to retire five years after I die.

Birthday cake is the only food you can blow on and spit on, and still everybody rushes to get a piece.

Hospitality: making your guests feel like they're at home, even if you wish they were.

I recently decided to sell my vacuum cleaner – all it was doing was gathering dust.

My dog will eat anything until you put a pill in it. Then he's Gordon Ramsey.

Why do people paint eggs for Easter? It's easier than trying to wallpaper them!

If I finally found a way to make ends meet, someone would move the ends!

Are you travelling this Spring? Keep an eye out for those delightful translations into English that didn't quite make it...

Danish airline: We take your bags and send them in all directions.

Heathrow: No electric people carrying vehicles past this point.

Japanese taxi: Safety first: please put on your seatbelt. Prepare for accident.

Kenyan maternity ward: No children allowed.

Beijing shop: Haircuts half price today. Only one per customer.

The orthopedic surgeon I work for was moving to a new office, and we, his staff, were helping transport many of the items. I sat the display skeleton in the front of my car, his boney arm across the back of my seat. I hadn't considered the drive across town. At one traffic light, the stares of the people in the car beside me became obvious, and I looked across and called, "I'm delivering him to my doctor's office."

The other driver leaned out of his window. "I hate to tell you, lady," he said, "but I think it's too late!"

When a minister rehearses his sermon, is he practising what he preaches?

If walking/cycling is good for your health, our postmen will be immortal.

The fastest land mammal is a toddler who's been asked what's in their mouth.

BIBLE READING - from Psalm 31, NIV & 2 Timothy 2:13 Living Bible.



With thanks to Tony Horsefall and New Daylight for reminding me that Jesus quoted from this Psalm of King David when he was dying on the cross. (Editor)

In you, Lord, I have taken refuge; let me never be put to shame; deliver me in your righteousness. Turn you ear to me, come quickly to my rescue; be my rock and refuge, a strong fortress to save me. Into your hands I commit my spirit; deliver me, Lord, my faithful God.

Even when we are too weak to have any faith left, he remains faithful to us and will help us, for he cannot disown us who are part of himself, and he will always carry out his promises to us.

A Heartfelt Thank You to Andrew Wong for His Dedicated Service as Church Council Secretary

Dear St Andrews Church Family,

As we reflect on the years gone by, it is with deep gratitude that we bid farewell to Andrew Wong in his role as the Secretary of the St Andrew's Church Council. Over the years, Andrew has not only been a vital part of our church's administrative backbone but has also been a source of unwavering support, commitment, and leadership.

Andrew's time with the Council has been marked by his dedication to the church's mission and his meticulous attention to detail. His organisational skills, thoughtfulness, and willingness to always lend a hand have made him an indispensable part of our team. Whether it was coordinating meetings, ensuring clear communication, or helping to navigate the many challenges that arise in church governance, Andrew has always been there to serve with a calm and steady presence.

Throughout his tenure, Andrew has gone above and beyond, often working behind the scenes to ensure everything ran smoothly. His contributions have not only helped us function as an effective team but have also built lasting relationships within our church community. His commitment to St Andrew's Church, both in time and energy, is truly appreciated.

We understand that the role of Church Council Secretary is no small task, and Andrew's dedication to serving with such grace and diligence is an example for all of us. As he steps down from this role, we want to acknowledge his significant impact and express our heartfelt thanks for all he has done for the church.

On behalf of the entire Church Council and congregation, we extend our sincerest gratitude to Andrew for his years of service. We wish him all the best in his future endeavours and look forward to continuing to work alongside him in different capacities.

Thank you, Andrew, for your invaluable service, your leadership, and your love for our church family. Your contributions will not be forgotten.

With deepest appreciation,

The Stewards and the Church Family.

We are part of HAEBC (Herts and Essex Border Circuit)

We are also part of Herts and Essex Border Ecumenical Partnership If you use FACEBOOK do look at our page,

updated by Joanne regularly.

Just search for St Andrew's Methodist

Church on FB

EDITOR'S LETTER





My name is Malchus and I'm a servant of the High Priest. It's Caiaphas this year. We stay on, as they rotate, and we're in Jerusalem for the Passover. The Roman occupation are extra vigilant at this time of year, with so many foreigners around everyone is jumpy. And if Caiaphas doesn't keep a lid on any trouble the Romans are ruthless.

That's how we came to be in Gethsemane Garden that night, with a detachment of temple guards and some Roman soldiers as well.

The soldiers carried weapons and most of us had lanterns. Leading the way was a rough-looking stranger who I'd been told was a disgruntled follower of the fellow we were going for. And the Jewish authority had paid him well for vital information.

Suddenly we all stopped and were told to surround a group of men in a clearing ahead. The stranger at the front went up and greeted one of them and they exchanged words. Quick as a flash, one of his group slashed out wildly with a sword and I felt it hit the side of my head. I almost fell with the force and shock and when I touched my head it was wet with blood. He'd taken my ear off. The man who we'd come to arrest turned to his sword-wielding companion and said,

'Don't resist any more, Peter, put your sword back in its place! Those who use swords will get killed that way. I could ask my Father for thousands of angels to protect us, and he would send them instantly. But if I did, how would scripture be fulfilled?' Then he touched me gently where my ear should have been and the pain vanished and when I checked, my ear was back in place. I just couldn't take in what had happened.

Turning, this miracle-worker spoke to the guards, 'Am I some dangerous criminal? Why didn't you arrest me in the Temple? I was teaching there every day. But this is your time. Satan's power reigns supreme.'

And with that they arrested him, tying his hands roughly behind him. We stayed at the back and I noticed just one of his friends was following, the rest had disappeared into the night. We marched back to Caiaphuses' palace and the other servants and I melted away to our quarters.

And I was the centre of attention, for once. They were asking so many questions that my cousin got a lantern and examined the side of my head.

'Well there's dried blood around but your ear is attached ok,' he said, pulling it hard enough to make me yelp.

'I'd heard stories about him,' one of the other servants said. 'He healed people, even lepers, so they said.'

'I certainly don't know how he did it,' I said, 'and I can't understand why. He knew he was in trouble and would be arrested. Why did he help me? A nobody who'd come with Roman soldiers. Why didn't he use his powers to save himself? Why heal me?'

This story is in all four gospels. Do read them and see how much I have got from historic sources or imagined, and how much is in the bible. You may be surprised!

You'll find it in Matthew 26: 47-57. Mark 14: 42-54. Luke 22: 47-54. John 18: 2-12.

May your Easter be filled with wonder, prayer and thankfulness for all that Jesus has done for you.

Hazel Taylor

Offertory Envelopes for the New Year Available 30th March

New Offertory Envelope packs for the coming financial year starting 6th April are available for collection at the church from Sunday, 30th March.

The colour of envelopes to be used in the new year is '*Blue*'. After 6th April, please refrain from using envelopes of any colour other than blue, as doing so would have the potential of mixing up your donation with those of others.

As with previous years, envelope numbers that have not been used for over six months will not automatically be carried through to new box sets. If affected members wish to resume using envelopes to make donations, please ask me for a new set.

As an alternative to envelopes, have you considered using Bank Standing Orders for your regular payments instead of envelopes? Once set up, you no longer need to worry about chores such as remembering to bring in envelopes on Sundays, or looking for the right amount of cash on Saturday evenings. If you change your mind, you can always cancel the order or amend the amount you pay at any time. If you are a regular donor, please consider assigning your donations to Gift Aid. By doing so, the church will benefit from your contribution by an extra 25%, at no additional cost to yourselves. If you can help the church by this simple act, it will be much appreciated and valued. *Andrew Wong*, Envelope Scheme and Gift Aid Secretary

Join us for a Sun Rise Breakfast to celebrate the Risen Christ.'

It will take place between 9:00 and 10:00 on Easter Sunday before the Membership Service. All are welcome. This is a sponsored event. Please put your name on the list if you are definitely going to attend. This is vital for catering purposes.

All updates on church information are on our **CHURCH WEBSITE** www.standrewsharlow.org.uk What you see may be an old version, press the F5 key to refresh.

POP-IN PRAYERS

prayers in the chapel from 11 - 11.30 am.

On the 3rd Saturday each month

19th April & 17th May

PRAYER WALK

TIME CHANGE: now 11 - 11.50am

Saturday 17th May

Praying around The Stow area.

ALL WELCON

Thoughts on the 80th anniversaries of the Liberation of Auschwitz and VE Day

This year marks the 80th anniversary of the liberation of the Nazi extermination camp at Auschwitz, when, on 27th January, 1945, soviet troops first entered the camp, followed later by western allies, where it was discovered that more than a million inmates had been murdered in gas chambers, mainly Jews but also prisoners of war and what were termed as 'undesirable minorities'. In total, six major mass extermination camps were set up where 6 million Jews were killed. Four months after the liberation of Auschwitz, on 8th May, the Nazi regime collapsed and Victory in Europe (VE Day) was declared by the Allies.

Upon seeing the horrors of what humans were capable of inflicting on their fellow beings, we citizens of this world, jointly vowed that such atrocities as was witnessed at Auschwitz should never be allowed to happen again. Thus, the United Nations was set up to maintain international peace and security, protect human rights, and promote international cooperation and equality through affiliated organisations such as UNESCO (United Nations Educational, Scientific and Cultural Organisation) and WHO (World Health Organisation). These were followed by the setting up of the International Court of Justice, and the Convention on Human Rights, to safeguard fundamental human rights and basic freedom, with international laws specifically prohibiting the mass deportation of ethnic groups from their homeland.

In the intervening years between 1945 and now, peace and stability have by-and-large been maintained in Europe, that is, until recently, when the very existence of all these noble organisations set up to maintain world justice, promote good governance and democracy and spread good health and education around the globe are all under threat, both verbally and financially. Resolutions and proclamations made at the United Nations and International Criminal Court were regularly ignored with impunity, and violations or threats of violations were made by once respected nations on a regular basis.

In Mathew 5: 14-16 Jesus told his followers: "You are the light of the world - like a city on a hilltop that cannot be hidden. No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house. In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father."

The message is direct and clear. In turbulent times such as this, Christians have the duty to beam the light of hope into the world, to speak out against injustice and lead the wayward back to the path of justice. We owe it to future generations to prevent such atrocities from ever happening again. Adopting a policy of complacency, or even complicity, is not an option. Peace and justice do not come easily; they have to be earned with vigilance.

If we have strong feelings about the issues raised and the current state of the world, I can think of at least three practical things that we can do:

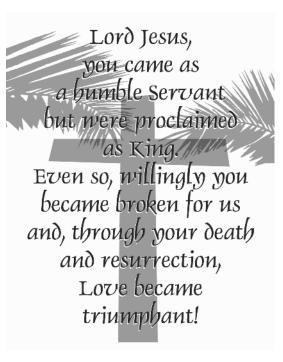
- Write to local and national newspapers, your member of parliament or to this or similar magazines, voicing your views on the issues bothering your mind.
- Include your concerns on these matters in your personal prayers, at prayer meetings and at prayers in church services.
- Make donations to organisations for humanitarian crisis relief such as Methodist Relief and Development Fund (operating as All We Can), Christian Aid, Oxfam, British Red Cross etc, all of which are under unprecedented financial stress at the moment.

Continued on page nine

It would be rather appropriate to end my diatribe with the words of *Singing the Faith* hymn 703 by Martin Leckebusch:

In an age of twisted values, we have lost the truth we need; In sophisticated language, we have justified our greed; by our struggle for possessions, we have robbed the poor and weak – Hear our cry and heal our nations; your forgiveness, Lord, we seek.

Andrew Wong





SPUD & PUD LUNCH

Saturdays - 17th May at 12 noon.

Cost = £5. Please book.

(No lunch Easter Saturday)

WE REMEMBER THOSE WHO HAVE DIED

Gwen Arrell on 27th April 2019
Doris Dougherty on 19th April 2020
Leslie Malcolm on 29th April 2021
May Quinton on 9th May 2021
Matthew Franklin on 18th May 2021
Ann Leung on 27 May 2023

Our thoughts are with their families at this time.

DEADLINE FOR NEXT MAGAZINE -

Paper copy by Sunday 18th May, email copy by Wednesday 21st May, to magazine@standrewsharlow.org.uk

METHODISM IN A PAGE +

by Arthur Revels

I knew very little about Methodism until a recent study of church history. This is not surprising as my origin was 20 years in the URC. The calling of Methodists today is based upon the life of John Wesley and to be like him - a follower Jesus.

John and Charles Wesley were the sons of a minister and the young John had a remarkable rescue from a fire that destroyed the entire house. Later on in life John and Charles Wesley were at Oxford and formed the Holy Club. With two others they were meeting to read the bible and pray every week. The society grew in number, doing good works including visiting prisoners, helping children to read and write, caring for the poor and needy and giving out books and bibles. They tried to bring order to their lives, they got up early to pray, fasted and held weekly Holy Communion Services. They were ridiculed and given the nickname 'Methodist' because of their methodical lifestyles. They were trying to please God and be saved by good works instead of trusting the work of Jesus on the cross.

Following the death of their Father, John and Charles travelled to America to preach the gospel. On the journey there were a series of storms that challenged their faith in God but they were impressed by the faith of Moravians on board who continued their worship without fear during the terrible weather. The Wesleys' mission to Georgia was not a success and they later returned to England. John wrote in a letter to a friend that his reason for going to Georgia was to save his own soul. He still believed that good works would bring him to God.

John was meeting a Moravian in London called Peter who explained that salvation was in Christ alone. He convinced John of the saving power of the cross but John was still not sure of his faith until he went with a friend to a Moravian meeting in Aldersgate Street. At the meeting there was a reading – Martin Luther's preface to Paul's epistle to the Romans. John's heart was changed at this meeting, he felt he had faith in Jesus and that only through Jesus would he be saved from sin and death.

Now both John and Charles were preaching the gospel of salvation through Christ alone but rarely were they invited back to Anglican churches after preaching this message. John was invited to try outdoor preaching by George Whitefield, although the law did not permit it he continued to do it. He brought the gospel to the poor and to people who had no access to a church. Methodism began to spread and Methodist Societies were created - which points to our fellowship today. John preached 15 sermons a week and travelled on his horse an average of 5,000 miles a year. But just like Paul he faced riots, stoning and opposition.

Methodist churches grew. Throughout his life John was concerned for the poor, education of children, prisoners and social reform. He wrote a book about medicine because the poor were being treated by incompetent doctors. He supported John Newton with the campaign against slavery – his very last letter was written to Newton. Sadly he had a difficult marriage, not helped by his wife's violence and his constant absences. John gave to the poor. When he was asked why he grew his hair long, he replied `so I could save more money to give to the poor`. John died in 1791 and Charles died in 1788 (leaving a legacy of thousands of hymns.)

Church membership grew rapidly but recent years have seen a decline in the numbers of Methodist members with closure of churches. We have the legacy of John in his sermons, writings and sayings.

Continued on next page

One of his most familiar sayings being: `Do all the good you can, by all the means you can, in all the ways you can, at all the times you can, to all the people you can, as long as you can`.

We are saved by grace in Jesus, a gift that cannot be earned but as James in his epistle says clearly, unless we demonstrate our faith by good works, our faith is dead (James 2.17).

For us today Methodism is a way of life, to follow Jesus and live the Christian life by learning, caring, service and evangelism. Our calling is in prayer, worship, caring for and helping others, practising hospitality and generosity. Also caring for God's creation, challenging injustice, speaking to others about the love of God, sharing our faith with others and live in a way that draws others to Jesus. You can read more about our calling in the



booklets – A Methodist Way of Life` We may find some of these things difficult but we all have different spiritual gifts. We will never be perfect but our aim is to do our best on our lifetime Christian journey as we grow in faith.



R

R





A PRAYER

Lord Jesus, we worship you. Son of God who suffered and died that we might live, we worship you. Lord Almighty who rose triumphant, we worship you.



We thank you for your example, your teaching, your healing, your caring. We thank you that your Holy Spirit lives in us and guides us.

We ask a blessing on our church, our families and ourselves.
In our Saviour's name we pray, Amen.

APRIL FOOL'S DAY

In years gone by, the rules surrounding April Fool were this: between midnight and noon on 1st April, everyone is 'fair game' to be made a fool of. It is the morning of the practical joke. But the aim is not just to discomfort the victim: he must be tricked into taking action himself, sent on a 'fool's errand'.

And so children would be sent to the dairy for a pint of dove's milk, or to the bookseller for The Life of Eve's Mother. Practical jokes on a bigger scale were played: in 1860 a vast number of people received an official looking invitation to the Tower of London that read: 'Admit the Bearer and Friends to view the Annual Ceremony of Washing the White Lions.' Precisely the same trick had been played in 1698.

Then, on the stroke of noon, tradition decrees, April Fools is finished. If anyone attempts devilry thereafter, even while the clock is still striking, it recoils on his own head. A child would then race through the sing-song formula: 'April-Fool-Day's-past-and-gone-you're-the-fool-and-I-am-none!'

From Parish Pump



SUNDAY COFFEE

Sunday Coffee - Alison Brand

If you can't help serve, could you donate a packet of biscuits occasionally please?

week 1 Gay Brown & helper needed week 2 Margaret T. & Maureen Etche

Margaret T. & Maureen Etchells Hazel Taylor & Jayne Graham-Mensah

week 3

Alison Brand & Louise

week 4

week 5

Margery Collier & helper needed

PLEASE NOTE:

We still need help on the 1st and 5th Sundays each month.

STARS

Each Tuesday in term time @ 10am Contact: Alison Brand



First Tuesday Gay Brown Second Tuesday CAN YO

Second Tuesday *CAN YOU HELP?* Third Tuesday Gay Brown

Fourth Tuesday

CAN YOU HELP?



Thank you to those who have signed up to provide money for flowers in church.

There are a few dates free still - 1st June and some from September onwards. CAN YOU HELP?



APRIL

6th Margery Collier in memory of Peter

20th Margaret Torkildsen



MAY

4th Patience Asiedu-Offei

18th Nesta Hanks & Freda

Flowers: contact Margaret Mountsteven or Hazel

Please let one of the above have the money and any colour preferences **two weeks** before your flower date.

APRIL DIARY

Our Sunday service is also on ZOOM

SUNDAY YOUTH CHURCH 10.30am, in term time.

BIBLE STUDIES

MONDAY - Eat your lunch as you share in a Bible discussion. NOT EASTER MONDAY IN THE CHAPEL, led by Rev Frank.

TUESDAY - 7.30pm - Led by Fred Arthur, IN THE CHAPEL - studying Isaiah then James

THURSDAY - 12 NOON - ON ZOOM - led by Arthur Revels - studying Colossians.

THURSDAY - 7.30pm - Led by Fred Arthur. ON ZOOM, studying 1 & 2 Timothy.

SUNDAY 6th 10.30am Morning Worship and Holy Communion Rev Dr Frank Okai-Sam

Thursday 10th 12.30pm Friendship Group at the home of Hazel in Ladyshot (note date change)

SUNDAY 13th 10.30am Morning Worship - Rev John Buxton

MAUNDY Thursday 6pm Tenebrae Service* of Communion - Rev Dr Frank Okai-Sam

10.30am Worship Service - Rev Dr Frank Okai-Sam

Saturday 19th 11.00am Pop-in Prayers on EASTER SATURDAY

EASTER SUNDAY 9.00am Sun Rise Breakfast. See page 7 for details

10.30am EASTER Communion and Membership Service - Rev Dr Frank Okai-Sam

SUNDAY 27th 10.30am Morning Worship -Mr Ruzive Mhiribidi

12.15pm St Andrew's Ghanaian Methodist Fellowship

Monday 28th 7.30pm ZOOM Church Leadership Team Meeting

^{*}Tenebrae is a religious service of Western Christianity held during the three days preceding Easter Day. It is characterized by a gradual extinguishing of candles.

Our Sunday Service is also on Zoom

BIBLE STUDIES

MONDAY - 12 NOON Eat your lunch as you share in a Bible discussion.

IN THE CHAPEL, led by Rev Frank

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	Thursday	1st	10.15am	Friendship Group leave Harlow for Ongar Garden Centre
A	SUNDAY	$oldsymbol{4}$ th	10.30am	Morning Worship with Holy Communion - Rev John Buxton
	SUNDAY	11th	10.30am 12 noon	Morning Worship - Mr Fred Arthur Christian Aid LUNCH
\geq	Monday	12^{th}	7.30pm	Church Leadership Team in CHURCH
>	Saturday	17 th	11.00am 11.00am 12 noon	Prayer Walk led by Rev Frank - all welcome Pop in Prayer Spud & Pud - please book
Σ A	SUNDAY	18th	10.30am 12.30pm	Cafe Worship -Rev Dr Frank Okai-Sam ANNUAL CHURCH MEETING
	SUNDAY	25^{th}	10.30am 12.15pm	Morning Worship - Rev John Buxton St Andrew's Ghanaian Methodist Fellowship

FUTURE DATES FOR YOUR DIARY

CHURCH Council Meeting Sunday 6th July @ 12.30pm

Harvest Weekend - 27 & 28th September

CHURCH Leadership Team on Zoom - Mondays at 7.30pm - 2nd June; 23rd June; 21st July; 11th August = Get Together.